DOMESTIC VIOLENCE

-Hello mrs Ioanna Chatzopoulou! Can I talk to you?

-Yes, of course you can! Is everything ok?

- No, I am afraid it isn’t.

- Way? What’s going on?

- Well, I have a serious problem with my mum.

- What’s the problem with your mum?

- She became violent last night and started screaming, swearing and beating me.

- Oh! Why? What exactly happened?

- Yesterday, I went out with my friends and when I came back home my mum was waiting for me impatiently.

- But way? - What was the reason?

- Well! She had told me to go back home at nine (9) o’ clock but I was one (1) hour late.

- Way were you late?

- Well, we were talking with my friends and we lost track of time.

Action verb 1: we were talking

Action verb 2: we lost track of time

Questions:

- **What did you do when you make the decision to continue talking with your friends and being late at home? (What is going on in your mind?)**

**-What did you do to yourself? (**Feel bad because I proved to myself being inconsistent and untrustworthy)

**- What did you do to your mother?** (Get sad because I proved her that I didn’t respect the agreed rules and that she could not trust me anymore)

**- What did you do to your friends?**

(Showed her friends that she does not count on her mother)

(She is afraid to say she has to leave to be home on time)

(Fear of being mocked – For what?)

(Need to declare that she is free, without control by her family)

(Immaturity, not respect to my family)

**On your way home, what are you thinking about your decision to be late?**

- (being more important my friends than my mother)

**What did you imagine being?**

-the thoughts of your mother? (That her daughter is an untrustworthy one)

-the feelings of your mother? (Being anxious, upset, sad)

- the reaction of your mother? (Shouting at me)

**- Did you apologize for being late? (The interviewer gives an advice)**

- Of course, I did but she wouldn’t listen. She was out of control and attached me verbally at first but then she started hitting me.

How did you react? What did you do then?

- I started begging her to forgive me and to stop hitting me, but she was out of control.

Action verb: beg for forgiveness

When you began asking for forgiveness what your goal /your objective is in relation to

-to yourself? (Not taking my responsibility)

- to your mother? (Being very upset because I do not identify my fault)

-to the relationship with your mother? (Proving my immaturity)

- And after that, what did you do?

- I hit her back. For a while we were hitting each other.

Action verb: hit my mother back

- What do you think when you hit your mother?

-What did you do (with this kind of reaction)

- to you? (How do you feel about this? What that shows for you? – e.g. self-respect)

- to your mother? (What will be the thoughts and feelings of your mother about your behavior?)

- to the relationship between you? (This kind of reaction facilitates your relationship?)

- to your family? (Relationships between family members, respect to the rules)

- to your friends? (Thoughts about their bad influence to you)

- How did the fight end?

- My father heard all the screaming and came down stairs to separate us.

-Did your father say anything?

- Yes, he told us that this was not the right way to solve our problems. Because violence breeds violence.

- What did you do then?

- I went straight to my room and I locked myself in.

Action verb 1: went to the room

Action verb 2: locked myself

-Locking yourself to your room what did to you? (Avoid dealing with the situation)

- Locking yourself to your room what did to the other person (mother)? (don’t solve the situation, remain upset and sad)

- And your mother? What did your mother do?

- She stopped screaming and calmed down.

- You haven’t talk to each other after the incident?

- No, I am still mad at her because she was so overreactive.

Action verb: being mad at the mother

- Not even today, before coming school?

- No, I left early so I not to meet her.

Action verb: leave early to school in order not to meet her

-What is the goal of this decision?

-What do you do in this way to yourself, to your mother, to yours relationship?

- What are you thinking of doing after this incident?

- I don’t know. I will wait and see my mum’s reaction first.

SO, THE GIRL ISN’ T ONLY THE VICTIM BUT ALSO AN ACTOR

SHE REALISES THE CONSEQUENCES OF HER DECISION TO THE OTHERS

SHE IS RESPONSIBLE FOR THE ANGER OF HER MOTHER

SHE REALISES WHAT SHOULD SHE DO