-Hello mrs Ioanna Chatzopoulou! Could I talk to you?

-Yes, please! Sit down. What would you like to talk about?

-I had a fight and I want to talk to you about it

- Ok Jeremy, go on

There are some guys from the other classes, older and bigger than me that have been teasing me for quite some time. But, something really bad happened yesterday and I need to talk to someone about it.

-What happened?

-Some students called me names such as dirty pig, Niger, blacky, and shouted at me to go back to my country.

- And, how often has this been happening?

- 2 or 3 time per week

- Who are these guys that did it? Do you know them?

-Not at all. They are some boys from other classes older than me, I think from the 2nd and 3rd  grades of high school.

-OK. And what did exactly happen?

**(DECISION TYPE 1: DESCRIBE, TELL THE STORY, EXPLAIN**

**Jeremy describes what happened**

Yesterday, after school they did the same think. Once the bell rang to leave school these boys mocked me again. And as soon as we came out of the yard I rushed to one of them and threw him down and beat him up. Ηis friends came to separate us but it was too late, I had fucked his face. One of them pulled out a knife but at that time other students came and called the principal. He called us to his office.

- And where did this happen?

-Outside the school yard.

-How did the other students react?

-There were many of them that only looked at us but the most of them just ignored the event.

-What did you do afterwards?

-I went to the principal’s office with the others.

-And what did the principal say to you?

- He told us to calm down. He asked us not to repeat this kind of behavioral but I am sure that these guys will continue their bad behavior.

Action verbs:

I rushed to one of them and

Threw him down and

Beat him up.

**- What did you do when you made the decision to rush to one of thse guys and to fight with him**

- **What did you do to this guy?**

-I made him to fell fear in front of me

- I made him to rethink the other time that will decide to bother me

- I made him to review his behavior

But finally maybe I made him to feel angry so as to be more aggressive against me

**- What did you do to your family?**

-I made them to feel anxious and insecure about me

-I cause sadness to my mother

-Maybe a break their trust about my behavior

**- What did you do to your friends / classmates?**

I present an element of my character unknown even to me, this aggressiveness. So maybe my friends feel fear in front to me, maybe they think that I am an untrustworthy person and they will not continue to be friends with me anymore, and this very important to me

**- What did you do to yourself?**

**I lost my self-control, its real that, and I beat another boy because of his behavior, but this was the solution I thought instantly to protect my self**

**DECISION TYPE 2: OBSERVE, PERCEIVE, CONSIDER**

**What are the issues that you have taken into consideration in order to make this decision ?**

1. **My anger about their behavior**
2. **I felt unsecure because I am here with my mother only, there isn’t any person to protect me, no brothers or my father, and finally I don’t have many friends**
3. **The teachers didn’t give any solution, because the events happened when they weren’t in front.**
4. **My will to solve the problem** definitively
5. **I feel like I have no choice**
6. **I believed that you have to behave to these kind of people as they behave to you**
7. **I feel afraid of them and I wanted to protect myself**
8. **I am new comer and I have not many friends here to support me. So, I have to support me by myself**
9. **These guys cause fear to all students, so I beat him to understand that he can’t do what he wants without any control**

**DECISION TYPE 3: ADDRESS THE NORM (talk to the teacher/ discussion with the person)**

-Did you talk to any of your teacher to explain the situation?

-No, because I haven’t any proof.

-Did you try to talk to any of these guys to ask about their behavior?

-Not at all

-Why?

-They are the bad guys of the school; I don’t believe that they would understand or discuss anything.

**DECISON TYPE 4: ASSESS – EVALUATE**

**Jeremy makes evaluations considering the “bad guys”**

**Did you gain something through fighting?**

**DECISON TYPE 5: JUSTIFY ONESELF**

-My self-respect

-My safety

**What would you change in your decision?**

I would prefer to be more self- controlled so as not to fight with this guy but I am not dure that a conversion with them will be the solution to the problem

Maybe if I had the chance to make another choice, I would have explained the situation to a teacher or to the principal.